

**AGE** Bournemouth  
*Concern*

Helping people lead fulfilling later lives



T 01202 530530 F 01202 530598 E [info@acbournemouth.org](mailto:info@acbournemouth.org)  
700 Wimborne Road, Bournemouth, BH9 2EG  
[www.ageconcernbournemouth.org.uk](http://www.ageconcernbournemouth.org.uk)  
Open Monday to Friday 9.30am – 4.00pm



INVESTOR IN PEOPLE

Registered Charity No. 1113294 Company No. 5401464

## Information & Advice



We offer free information and advice on a wide range of issues. We'll provide you with the facts and you can make the choices and decisions knowing you have relevant and up to date information and advice.

T 01202 523300

E [janet@acbournemouth.org](mailto:janet@acbournemouth.org) or [andrea@acbournemouth.org](mailto:andrea@acbournemouth.org)

## Insurance & Other Products

(Insurance without Upper Age Limits)

Travel Insurance, Home Insurance, Gas & Electricity, Funeral Plans, Weekly Lottery, Breakdown Services, Car Insurance, Aid Call Alarms, Wills/Legal Services

T 01202 530575 E [peter@acbournemouth.org](mailto:peter@acbournemouth.org)

'Age Concern Home, Motor and Travel Insurance are provided by Fortis Insurance Limited and Motor Breakdown is provided by Europe Assistance Holdings Limited.' ACOSW1193VIMAYIO

## Volunteering

Working as a volunteer for Age Concern Bournemouth can be rewarding and enjoyable, where new friends are often made. If you feel that you can give some time, as little or as much as you like, we will be pleased to hear from you.



For more information please contact: Robert Langdon,  
Volunteers Officer

T 01202 530530

E [robert@acbournemouth.org](mailto:robert@acbournemouth.org)



## PROJECT PURPLE

### Activities for over-55s in Bournemouth and Poole

Excursions, walking groups, Yoga, fitness Pilates, belly dancing classes, basic and intermediate computer courses, Women's Adventure Group and Men's Explorers Group.

There will be a charge for this service.

T 01202 530530

E [info@acbournemouth.org](mailto:info@acbournemouth.org)

## Foot Care Service

(Simple toenail cutting only)

In Bournemouth, Poole, East and parts of North Dorset

This service provides simple toe-nail cutting only, and is not suitable for anyone with diabetes.

There will be a charge for this service.

For information or to make an appointment:

T 01202 530530

## Community Services

Community Support Centre, lunch clubs, and pop-ins in the Bournemouth area.

Some transport available - a charge applies for these services.

Community Connections—for people aged over 60 living in the Bournemouth area—one to one support given on practical and emotional issues in your own home.

Befriending—for people aged over 60 in the Bournemouth area—visits by a Volunteer providing long-term low-level support.

T 01202 530561

E [info@acbournemouth.org](mailto:info@acbournemouth.org)





## Ways you can support our work

Age Concern Bournemouth is an independent local charity.  
All of the funds we raise are spent on supporting people in  
Bournemouth and the surrounding area to lead fulfilling later lives.  
You can support our work in the following ways:

### Make a donation

I enclose a cheque for £10 £20 £50 £\_\_\_\_\_ payable to

**Age Concern Bournemouth**

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Postcode: \_\_\_\_\_

### Gift Aid

If you pay UK tax you can make all your gifts to **Age Concern Bournemouth** worth almost 22% more at no extra cost to you.  
Simply sign and date the Gift Aid Declaration below to enable us  
to claim back tax already paid out on your gift.

#### Declaration

I confirm that I am a UK taxpayer and I wish all my donations to Age  
Concern Bournemouth to be treated as Gift Aid Donations until further  
notice.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

### Set up a regular donation by standing order

For further details please contact our Finance Officer on  
01202 530530 or email [maureen.c@acbournemouth.org](mailto:maureen.c@acbournemouth.org)

### Leave a gift in your Will

If you would like further information about leaving a gift to  
Age Concern Bournemouth in your will please contact  
our Chief Officer David Leighton on 01202 530530  
If you would like to leave a gift to support our work in your will  
please mention us by our full name  
( **Age Concern Bournemouth** )